

MADURAI KAMARAJ UNIVERSITY
(University with Potential for excellence)

NEW SYLLABUS - B.Sc. PSYCHOLOGY
DIRECTORATE OF DISTANCE EDUCATION

(Non – Semester)
(Effective from the academic year 2013 – 2014 onwards)

1. ELIGIBILITY FOR ADMISSION.

Candidate should have passed the higher secondary examination conducted by the board of Higher Secondary Education, Government of Tamil Nadu or any other similar Examination accepted by the Syndicate.

2. DURATION OF THE COURSE

The students shall undergo the prescribed course of study for a period of three academic years.

3. MEDIUM OF INSTRUCTION

English

4. SUBJECT OF STUDY

Part I : Tamil
Part II : English
Part III : Major 8 papers Ancillary/Allied 2 papers.

I YEAR

	Title of the Paper	PART	Passing Minimum	Maximum Marks
I	Tamil Paper-I	I	35	100
II	English Paper- I	II	35	100
III	Basic Psychology – I	III	35	100
IV	Introduction to Sociology (Allied-I)	III	35	100

II YEAR

	Title of the Paper	PART	Passing Minimum	Maximum Marks
V	Tamil Paper-II	I	35	100
VI	English Paper- II	II	35	100
VII	Basic Psychology – II	III	35	100
VIII	Social Psychology (Allied-II)	III	35	100

III YEAR

	Title of the Paper	PART	Passing Minimum	Maximum Marks
IX	Developmental Psychology	I	35	100
X	Educational Psychology	II	35	100
XI	Counseling Psychology	III	35	100
XII	Abnormal Psychology	III	35	100

5. Structure of the Question Paper.

Section	Number of questions	Number of questions to be answered	Marks for	Total
A	10	8	8 X 5	40
B	6	4	4 X 15	60
			Total	100

6. ELIGIBILITY FOR THE DEGREE

- No candidate shall be eligible for degree except by completing the prescribed course of study i.e. three years and passing all the prescribed external examinations.
- A candidate shall be declared to have passed the course if he/she scored a minimum of 35% marks in each subject.
- | | | |
|-------------|---|-----------|
| 35% | - | Pass |
| 60% & above | - | I Class |
| 50% to 59% | - | II Class |
| 35% to 49% | | III Class |

Basic Psychology – I

Unit I: Basic Concepts, Meaning, Nature, Scope of Psychology, Schools of Psychology: Structuralism, Functionalism, Behaviourism, Gestalt, Psychoanalysis, Humanistic.

Unit II: Methods of Psychology, Methods of Psychology: Introspection, Observation, Experimental, Clinical, Psychophysical, Survey, case study

Unit III: Biological Basis of behaviour, Nervous System – Neuron – Neural Impulse Central Nervous System: Brain – Spinal Cord, Peripheral Nervous System: Sympathetic and Parasympathetic Nervous System

Unit IV: Sensation, Perception and Attention, Meaning and Types of Senses – Vision – Hearing, Perception: Meaning, Laws of Perceptual Organisation – Perceptual Illusions. Attention: Meaning, types, Determinants – Distraction

Unit V: Motivation, Motivation: Meaning – Needs – Drives – Motives – Theories of Motivation

Unit VI: Emotions, Emotions: Definition – Characteristics – Kinds of Emotions. Theories: James – Lange, Cannon – Bard, Cognitive and Activation theories.

Reference Books:

1. Mangal. S. K., General Psychology, Sterling Publishers Private Limited, New Delhi, 2009.
2. Wayne Weiten, Margaret A. Lloyd. (2003), *Psychology Applied to Modern Life*, Bangalore, Thompson Wordsworth.
3. Robert S. Feldman. (2005), *Understanding Psychology*, New Delhi: Tata McGraw-Hill Publishing Company Limited.
4. Clifford T. Morgan. (2001), *Introduction to Psychology*. Tata McGraw Hill, New Delhi.
5. Wayne weiten, *Psychology(2007)Themes and Variations*, Brooks/Cole Publishing Company, California.

INTRODUCTION TO SOCIOLOGY (Allied-I)

Unit – I : Sociology : Definition, Its relationship with other Social sciences, Concept and meaning: Society, Community, Social group, Associations, and Institution.

Unit – II : Social Processes : Meaning, Types : Co-operation, Competition, Conflict, Accommodation, and Assimilation, Definition and concept of culture, civilization, customs, folkways and mores.

Unit – III : Social Institutions : Meaning, Types, and functions. Socialization – Definition and functions, Agencies of Socialization.

Unit – IV : Social Stratification : Concept, and Forms, Concept of Caste, Class, and Race, Caste system in India.

Unit – V: Social Control : Concept, Definition, Agents of Social Control. Social Change : Concept, Process, Factors acting as agents of Social Change.

References

1. Kapadia (1965), *Marriage and Family in India*, London, Oxford University Press.
2. Mac Iver & page, (1959), *Society*, New Delhi, Macmilan & Co.
3. Srinivas (1962) *Caste in Modern India*, New Delhi, Asia Publishing House.
4. Tumnin (1981), *Social Stratification*, New Jersey, Prentice Hall.

Basic Psychology – II

Unit I: Learning : Meaning and nature, Type of Learning (Verbal, Motor, Serial, Paired Association). Theories of Learning: Classical – Operant Conditioning, Cognitive learning, Transfer of Learning

Unit II: Memory and Forgetting : Memory: Meaning – Types – Improving Memory. Forgetting: Types, Theories of Forgetting, Amnesia

Unit III: Thinking and Language : The thinking process – Concepts – Concept Formation – Problem solving – Decision making – Creative thinking – stages. Language: Units and process

Unit IV: Intelligence : Definition – Theories of intelligence – Assessment of intelligence. Aptitude – Ability – Achievement

Unit V: Personality : Meaning and Definition -Theories of Personality: Type, Trait, dynamic, Psychoanalytical, Learning and Behavioral, and Humanistic Theories - Personality Assessment

Reference Books:

1. Mangal. S. K., General Psychology, Sterling Publishers Private Limited, New Delhi, 2009.
2. Wayne Weiten, Margaret A. Lloyd. (2003), *Psychology Applied to Modern Life*, Bangalore, Thompson Wordsworth.
3. Robert S. Feldman. (2005), *Understanding Psychology*, New Delhi: Tata McGraw-Hill Publishing Company Limited.
4. Clifford T. Morgan. (2001), *Introduction to Psychology*. Tata McGraw Hill, New Delhi.
5. Wayne weiten, *Psychology (2007) Themes and Variations*, Brooks/Cole Publishing Company, California

Social Psychology (Allied-II)

Unit I: Fields of Social Psychology : Definition, Scientific nature of Social Psychology Multicultural Perspectives – Role of Evolution in Social Psychology

Unit II: Social Perception – Understanding others : Non-verbal Communication – Basic Channels of Communication. Impression Formation – Impression Management

Unit III: Attitudes & Prejudice : Formation of Attitudes – Link between Attitudes and Behaviour. Prejudice and Discrimination : Sources of Prejudice – Reducing Prejudices

Unit V: Interpersonal Attraction & Pro-social behaviour : Attractiveness: Proximity and emotions. Belongingness: The need to affiliate and the effect of observable characteristics. Pro-social behaviour : Altruism – Determinants of pro-social behaviour

Unit VI: Aggression : Theoretical Perspectives on Aggression, Determinants of Human Aggression – Social, Personal, Situational, Aggression Management – Techniques

Reference Books:

1. Robert A. Baron, Donn Byrne (2008), Social Psychology, New Delhi. Prentice-Hall of India Pvt. Ltd.
2. Misra, G. (Ed.). (2001) Applied Social Psychology in India, New Delhi: Sage.
3. Kuupusamy B. (2004) Introduction to Social Psychology, Asia Publishing House, New Delhi.

Developmental Psychology

Unit I: Life Span Development : Basic Concepts: Growth, Development, Maturation Aspects of development, Significant facts, Life span periods and their characteristics

Unit II: Physical Development : Patterns of physical growth – the reflexes – structural and systematic changes – growth rate – Aging process – health factors

Unit III: Intellectual Development : Approaches: Psychometric, Piagetian and Information Processing. Moral Development : Kohlberg's Levels of Morality, Language development and Acquisition of language

Unit IV: Emotional Development : Emotions – The emerging sense of self – Emotions throughout life span development – Temperament

Unit V: Personality and Social Development : Freud's Psychosexual theory and Erickson's Psychosocial theory. Development of self: self Concept – socialization – identity crisis in adolescence – relationship with parents, peers, life partner and aging parents

Reference Books:

1. Hurlock, E. B., (2001) Developmental Psychology, New Delhi: McGraw Hill
2. Srivastava, A. K., (2002) Child Development: An Indian Perspective, New Delhi, NCERT.
3. Diane E. Papalia and Sally Wendkos Olds (1998) Human Development, McGraw Hill, INC

Educational Psychology

Unit I: Introduction: Nature and scope of Educational Psychology – Aim of Educational Psychology – Application of Psychology to education – The professional needs of the teacher.

Unit II: Guidance: Guidance concept – Personal, educational, vocational guidance – Importance of guidance in schools – Guidance to students and parents

Unit III: Special education: Readiness for learning: The role of maturation in learning – Special education for exceptional children – Intellectually gifted – Mentally retarded – Culturally deprived – Physically handicapped.

Unit IV: Motivational and learning : Nature and conditions of learning – Laws of effect and readiness – Role of transfer in education – Motivating the students – Achievement motivation – Extrinsic reward – Punishment and failure – Effects of punishment in the classroom

Unit V: Mental health and Social learning: Fostering Mental Health and School Development – Characteristics of mental health – Home and mental health – School and mental health – Social learning in the classroom – Social development – Self concept and behaviour – Teachers guidance of self and social development

Reference books:

1. Skinner C. E. (2006). Educational Psychology, Prentice Hall of India PVT. Ltd, New Delhi.
2. Mangal. S. K., (2005). Advanced Educational Psychology,). Educational Psychology, Prentice Hall of India PVT. Ltd, New Delhi.
3. Narayana Rao, (2002). Educational Psychology, Wiley Eastern, Chennai.

Counseling Psychology

Unit I: Introduction : Counseling – Definition – Related terms – Guidance, Advice, Direction – Goals of Counseling – Role of a counselor

Unit II: Counseling Process : Counseling approaches: Directive, Non-directive and Eclectic – Characteristics of a effective counselor – Counselor relationship – Ethics of counseling

Unit III: Counseling Skills : Observing, Attending, Listening, Responding, Questioning, Diagnosing, Expressing Genuineness, Respect, Empathy, Paraphrasing, Summarizing, Reflection of feelings, Self-Disclosure, Initiating, Evaluating.

Unit IV: Group Counseling : Group Counseling – Aim – Types of groups – Limitations of group counseling – Counseling interview – Importance of group counseling.

Unit V: Special areas of counseling : Special areas in counseling: School – College – Family – Marital counseling – Counseling the delinquents, addicts, victims, aged

Reference Books:

1. Narayana Rao, S. (2002), Counseling and Guidance, Tata McGraw Hill, New Delhi

2. Corey, Gerald (2001) Theory and Practice of Counseling and Psychotherapy, Brooks/Cole.
3. John Antony D. (1995), Skills of Counseling, Anugraha Publications, Nagerkoil, India
4. John Antony D. (1994), Dynamics of Counseling, Anugraha Publications, Nagerkoil, India
5. Robert L. Gibson and Marianne Mitchell, Introduction to Counselling and Guidance, (2007) Pearson Education, Prentice Hall.

Abnormal Psychology

Unit I: Introduction : Definition – scope of Abnormal Psychology – The Historical background of Abnormal Psychology - Misconceptions regarding mental disorders

Unit II: Theoretical Perspective on Maladaptive Behaviour : Perspectives: The Biological Perspective – The Psychodynamic perspective – The Behavioural perspective – The Cognitive – The Humanistic – Existential Perspective

Unit III: Bodily Maladaptations : Eating, sleeping and somatoform disorders

Unit IV: Psychoneurotic disorders : Neurotic behaviour as distinguished from psychotic behaviour – Anxiety disorder: Generalized anxiety disorder, depression – Panic disorder – Phobias – Obsessive-Compulsive disorder – Post traumatic stress disorder

Unit V: Alcoholism & Drug Addiction : Alcoholism: Causes, effects and treatment of Alcoholism, Drugs: Causes , addiction and treatment, Perspective on prevention

Reference Books:

1. Irwin G. Sarason, Barbara R. Sarason, Abnormal Psychology, Prentice-Hall of India Private Limited, New Delhi, 2005.
2. Mangal. S. K., Abnormal Psychology, Sterling Publishers Private Limited, New Delhi, 1987.
3. David H. Burlow and V. Mark Durand, Abnormal Psychology, Brooks/Cole Publishing Company.